

# Sample Agenda for PALS Course

**18 Students, 3 PALS Instructors**  
**Approximately 17 hours 15 minutes with breaks**

Day 1			
8:00 <b>Course Introduction</b>			
8:10 <b>Lesson 1:</b> Life Is Why Activity (Optional)			
8:15 <b>Lesson 2:</b> Course Overview			
8:20 <b>Lesson 3:</b> Science of Pediatric Resuscitation			
<b>Divide class into 2 groups</b>	<b>Lessons 4-6</b> Learning/Testing Stations: Child and Infant High-Quality BLS*	<b>Lessons 7-8</b> Overview of Systematic Approach Model; Secondary Assessment; Team Dynamics	
8:30	Group A	Group B	
9:45 <b>Break</b>			
10:00	Group B		Group A
<b>Divide class into 3 groups</b>	<b>Lesson 9</b> Management of Respiratory Emergencies; Respiratory Video Case Discussions; Learning Station: Airway Management	<b>Lesson 10</b> Management of Shock Emergencies; Shock Video Case Discussions; Learning Station: Vascular Access	<b>Lesson 11</b> Management of Arrhythmia Emergencies; Arrhythmia Video Case Discussions; Learning Station: Rhythm Disturbances/Electrical Therapy
11:15	Group A	Group B	Group C
12:15 <b>Lunch</b>			
1:00	Group B	Group C	Group A
2:00 <b>Break</b>			
2:15	Group C	Group A	Group B
3:15 <b>Lesson 12:</b> Management of Post-Cardiac Arrest Care			
3:30 <b>Lesson 13:</b> Learning Station: Coping With Death (Optional)			
3:50 <b>End-of-Day Debriefing</b>			
Day 2			
<b>Divide class into 3 groups</b>	Lesson 14 Case Scenario Practice With Simulations Category 1	Lesson 14 Case Scenario Practice With Simulations Category 1	Lesson 14 Case Scenario Practice With Simulations Category 1
8:00	Group A	Group B	Group C
<b>Divide class into 3 groups</b>	<b>Lesson 14</b> Case Scenario Practice With Simulations	<b>Lesson 14</b> Case Scenario Practice With Simulations	<b>Lesson 14</b> Case Scenario Practice With Simulations Category

	Category 2	Category 2	2
9:20	Group A	Group B	Group C
10:40 <b>Break</b>			
<b><i>Divide class into 3 groups</i></b>	<b>Lesson 14</b> Case Scenario Practice With Simulations Category 3	<b>Lesson 14</b> Case Scenario Practice With Simulations Category 3	<b>Lesson 14</b> Case Scenario Practice With Simulations Category 3
11:00	Group A	Group B	Group C
12:20 <b>Lunch</b>			
12:45 <b>Lesson 15: Case Scenario Testing</b>			
2:45 <b>Break</b>			
3:00 <b>Lesson 16: Exam</b>			
4:00 <b>Class Ends/Remediation</b>			

\*Lesson 6: Learning/Testing Station: Child and Infant Choking (Optional) (20 minutes) may be facilitated in this time slot.